In silico assessment of drug cardiac safety and efficacy: state of the art and interaction with the *in vitro* world

Trial lecture for the degree of Philosphae Doctor

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Outline

1. Principles of cardiac electrophysiology and drug safety



2. Common *in vitro* assays to evaluate drug safety





https://www.cs.ox.ac.uk/insilicocardiotox

Several health conditions are treated with pharmaceutical compounds



- control heart rate
- improve contractility
- enhance electrical activity

Several health conditions are treated with pharmaceutical compounds

Drugs can have detrimental effects on cardiac function



- control heart rate
- improve contractility
- enhance electrical activity

- cardiotoxicity
- arrhythmias
- cardiac muscle dysfunction

Safety pharmacology is concerned with the assessment of unwanted side effects of drugs



Need for a thorough assessment of a compound's safety and cardiotoxicity

Cardiac safety pharmacology

Drug development is a long and costly process



- \rightarrow cost per new drug reaching the market estimated at \$1 billion
- \rightarrow ~ **10 years** of development from drug synthesis to market approval
- \rightarrow >500 000 animals used in tests per year
- \rightarrow 20-50% of all advanced candidates are abandoned due to adverse outcomes

A thorough characterization of new drugs is required during development



How do drugs interact with cardiac electrophysiology?



Ionic currents through the cell membrane give rise to action potentials (AP)



Drugs affect cardiac electrophysiology by interaction with ion channels



Experimental data on drugs effects is obtained with in vitro assays



Patch clamp assays provide data on concentration-dependent drug effects

'concentration-effect' (CE) curves of ion-channel inhibition





IC50 - drug concentration at which 50% of maximal response is observed

Hill coefficient (n) - 'slope' of the curve; define the 'therapeutic window'

Some drugs can cause Torsades de Pointes (TdP)



- \rightarrow Form of ventricular arrhythmia that can lead to sudden cardiac death.
- \rightarrow Cardiac drug safety assessment guidelines require prediction of TdP risk.
- \rightarrow TdP is the leading cause of drug-withdrawal from the market (Mirams et al., 2012).

hERG-channel block is used in drug safety studies as an indicator of pro-arrhythmic risk



- → The human ether-à-go-go related gene (hERG) channels in carry the 'rapidly activating delayed rectifier potassium' current (I_{kr}).
- → Block of I_{Kr} prolongs AP duration (APD) and the QT interval.
- → TdP risk has been associated with drug-induced QT prolongation.

ICH-S7B

- 1. *In vitro* IKr patch clamp experiments using hERG expression systems.
- 2. *In vivo* QT measurements in conscious animals.

ICH-E14

3. Human phase II 'thorough QT' (TQT) study.

In silico approaches reduce the number of cell-based assays and animal tests needed, lowering development costs



In silico approaches span all space and time scales, from ion channel to cardiomyocyte, to whole organ



Adapted from Davies et al., Drug Discovery Today, 21 (6), 2016

In silico models of cardiomyocytes are modeled as a system of differential equations

Transmembrane potential as function of ionic currents

 $\frac{dV_m}{dt} = -\frac{1}{C_m}I_{\text{tot}}$





Hodgkin-Huxley models

$$I_i = g \cdot \prod^j x_j \cdot (V_m - E_S)$$

$$\frac{dx}{dt} = \alpha \cdot (1 - x) - \beta \cdot x$$

 \rightarrow g is the **maximum conductance**

 \rightarrow x are voltage- and time-dependent gating variables

 $\rightarrow \alpha$ and β model activation and inactivation of gates

Markov models



- $I_i = g \cdot P(O) \cdot (V_m E_S)$ $\frac{dP_i}{dt} = f(P_i(t), q(V_m))$
- $\rightarrow \quad \mbox{ion channel states explicitly} \\ modeled$
- → voltage- and time-dependent state transition rates

Drug block is often modeled as direct binding of the drug to an ion channel

'conductance-block' (or pore) model

 \rightarrow In some cases, a drug affects the ion-channel by direct binding



Dose-response curve

 \rightarrow maximum conductance of ion channel scaled by a factor *b* (proportion of blocking effect).





D is the compound dose

 \rightarrow Voltage- and time- independent

Interactions between drugs and ion channels can be more complex, and often voltage- and time-dependent

State-dependent block

drug binding creates new states with rates expressed as functions of voltage and time.



Allosteric block

bound drug alters the rates of transition between ion-channel states.



Most drugs block multiple channels, which affects model predictions

- 1. Drugs that block hERG may not cause TdP
- 2. Drugs that do not block hERG may cause TdP





- block of different channels balance out effects on AP
- multi-channel block improves TdP risk
- Adopted by most pharmaceutical companies

Variability in experimental data introduces uncertainties in model predictions



IC50, Hill coefficients?

Model parameters?

Experimental variability can be incorporated into *in silico* models to improve model predictions



Populations of human ventricular CM models can predict risk of drug-induced arrhythmias more accurately than animal models

→ Passini et al. (2017) incorporated **inter-subject** variability into pro-arrhythmia prediction models



- \rightarrow High predictability of TdP risk
- → More accurate predictions of drug effects on subpopulations

62 compounds (all TdP risk categories)

based on RA		based on ∆APD ₉₀	
TRUE –	TRUE +	TRUE –	
32	23	34	16
FALSE +	FALSE –	FALSE +	FALSE –
2	5	9	3
Sensitivity: 87% Specificity: 92% Accuracy: 89%		Sensitivity: 92% Specificity: 64% Accuracy: 81%	

Drug effect predictions from animal assays not always produce accurate predictions on humans



iPSC-CMs are a novel and promising in vitro model of human cardiomyocytes



Induced pluripotent stem cell-derived cardiomyocytes (iPSC-CMs)

- \rightarrow In vitro model for high-throughput drug safety tests
- \rightarrow $\;$ Readily obtained and renewable source of human CMs $\;$
- \rightarrow Patient- and disease-specific

Limitations

- \rightarrow Immature phenotype
- → In vitro characterization
- → Analytical methods to translate predictions from iPSC-CMs to human ventricular CMs (hV-CM)

Differences between iPSC-CMs and adult cardiomyocytes require dedicated *in silico* models

- different cell morphologies
- different expression levels of ion channels
- spontaneous electrical activity



5464 (2017).



Paci model

 \rightarrow extensively validated against experimental data



How to translate drug effects on iPSC-CMs onto adult cells?



7. CiPA initiative

Develop and validate a new paradigm for pro-arrhythmic evaluation of new drugs

More accurate and integrative:

- 1. HTS of drug effects on multiple ion channels;
- 2. in silico modelling of human CM to assess electrophysiological responses;
- 3. verification of responses in iPSC-CMs

Different models predict different drug responses:

→ Proposes that each model is evaluated against a set of 28 compounds with variable proarrhythmic potential



Grandi et al., Frontiers in Physiology 9, 2018

8. Conclusions



Marco Viceconti, WoHIT 2010

Limitations

- Models cannot predict novel off-target drug effects if these are not represented in the model (eg., up- or down-regulation of ion channel expression);
- 2. The validity of results depend on the accuracy of the models;
- 3. Limited representation of drug interaction mechanisms to allow systematic, accurate, and high-throughput prediction of drug actions on the heart.

8. Conclusions



Marco Viceconti, WoHIT 2010

Future directions

- 1. Improve cell models to incorporate additional cellular mechanisms that may be affected by drug interactions.
- 2. Improve whole heart models by including the atria, the cardiovascular system, non-excitable tissues, mechano-electrical coupling, regional heterogeneity, etc.
- 3. Patient-specific phenomics, such as cardiac electrophysiology, disease states, genetic conditions, autonomic control, energy use, etc.

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